This week's meals

Meal	Notes
Monday	
Spaghetti and meatballs	
Tuesday	
Street corn chicken soup	
Wednesday	
Steak, acorn squash and couscous	
Thursday	
Broccoli miso cheese sandwiches and fries	
Friday	
Saturday	
Salmon Poke bowls	Poke is from Costco
Sunday	
Chicken Soba noodles	