

# This week's meals

Meal	Notes
<b>Monday</b> Ginger beef, rice, frozen mixed veggies	Ginger beef is from Costco
<b>Tuesday</b> Creamy pesto pasta with mini chicken meatballs	
<b>Wednesday</b> Warm kale salad, sundried tomato porkchops and a grain	
<b>Thursday</b> Roasted Tomato Risotto	
<b>Friday</b> We just got home from a vacation I have not planned farther than Thursday	
<b>Saturday</b>	
<b>Sunday</b>	