

This week's meals

Meal	Notes
Monday Family Date Night	We ate out
Tuesday Muscles with fetticini	The muscles were premade and frozen. It was way easier than it sounded
Wednesday Pulled pork sandwiches	
Thursday Chicken Fajita crockpot soup	
Friday Salmon poke bowls	
Saturday Greek salad and spanikapeda	
Sunday Thanksgiving	My sister is cooking, not sure what we are having